

FOX CREEK BIKE PARK | TRAIL GUIDE

NAME	LENGTH (m)	TRAIL RATING	DESCRIPTION
SPAGHETTI WESTERN			
A Fistful of Derailleurs	332	Green (Easy)	Beginner-friendly two-way XC trail connecting Spaghetti Western with Moylan's Mosaic.
Blazon' Saddles	865	Blue	A blue XC trail with some skinny off camber sections winding through pine plantation. Alternative black techy lines for challenge and racing.
The Good The Bad The Ugly	664	Blue	Prime single trail through pine plantation with awesome views to the coast.
Loop suggestion 1	1.8km	Green to Blue	Fistful of Derailleurs, right onto Blazon' Saddles, turn left onto fire road, hit The Good The Bad The Ugly, and back onto the remainder of Blazon' Saddles.
Loop suggestion 2		Blue	Loop 1 plus return via Fistful of Derailleurs to The Outcrops, Cudlee Creek Cruise, Green Corp, Dynamic Tension, On the Munny, Immaculate Compaction and Point of Knoll Return
MOYLAN'S MOSAIC			
Ant Logic	1670	Blue (More difficult)	Descending flow fun for everyone. Berms and rollers the whole way. Pump for fun. Pedal for the win. Some tricky corners but after a few of runs you'll have it dialled.
Billistic	984	Blue (More difficult)	A gravity trail comprising a mix of hand cut and old fire road with an easy overall physical rating. Return to the trail hub via Dream Weaver and Point of Knoll Return.
Dirty Little Secrets	3000	Blue	Named after the local little digger critter the Echidna - secretive and dirty. An open and flowy loop that takes you out to the NW corner of the park. Nice views after the climbing section with a fun descent full of big dozer size berms and rollers. Look out for its secrets.
Dream Weaver	855	Blue	Weave your way up the many cruisy switchbacks through a eucalyptus forest, on this fun XC single track. Link from either The Guts or Billistic. Connects with Point of Knoll Return to get you back to the trail hub.

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Dynamic Tension	905	Blue	A fun uphill XC trail through a eucalyptus forest with multiple switchbacks that will keep your heart pumping.
Easy Rider	1000	Green	Beginner level XC trail through a regenerated eucalyptus forest. Notch it up on The Outcrops or take a relaxing Cudlee Creek Cruise to the Trig Point with views to the coast.
Ezy Rider	614	Green	Take in the view north on this short but fun downhill ride around the ridge and back to the trail hub.
Cruisy Link	778	Green	A cruisy, two-way singletrack linking the western and northern trails within Moylan's Mosaic.
Cudlee Creek Cruise	2000	Green	After the pinch climb, it's a relatively mellow fire road from the trail hub, followed by single trail to the Trig Point with awesome views to the coast. Take the insta shot at the sculpture.
Green Corp	805	Green	Return from the trig point via this fun XC single track through a regenerating eucalyptus forest.
Immaculate Compaction	612	Blue	Enjoy the views from this sweet XC trail connecting On the Munny with Point of Knoll Return.
On the Munny	362	Blue	A short, fast, sweet XC connection between Dynamic Tension and Immaculate Compaction.
Point of Knoll Return	905	Blue	A super fun and popular loop heading down around the knoll and back up again. Connector for Immaculate Compaction or Dream Weaver.
Rabble Gravel	17400	Green	Give yourself plenty of time for this long two-way gravel loop around the park taking in great views and scenery and hidden creeks. Consistent and wide surface with no technical challenges. 700m of ascending in 15km is hard, but it's the steep climbing on very slow grassy and clay surface that makes it brutal. Suitable for exploring on gravel bikes and e-bikes.

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The Outcrops	2000	Blue	A favourite XC trail with a challenging rock section. There are two lines to take, high and low. At the end, jump onto Cudlee Creek Cruise and head out to the trig point.
Cruisy Conn	269	Green	Short link trail
Finger in the Pie	619	Blue	Short link trail
Loop suggestion 1		Blue	From the Trail Hub follow The Outcrops, Cudlee Creek Cruise, Green Corp, Dynamic Tension, On the Munny, Immaculate Compaction, Point of Knoll Return – then link in Spaghetti Western for further dirt action.
Loop suggestion 2		Green	Jump onto park favourite Ezy Rider, right to Hostel Track, left onto Cudlee Creek Cruise, Green Corp, Cruisy Conn, and follow Rabble Gravel/Ezy Rider back to the Trail Hub.
Loop suggestion 3		Green	Cruise down gravity favourite Green Goblin Guts onto The Guts track, then enjoy the cruisy ride back up Middle Earth, and onto Rabble Gravel.

EAST SEND

All East Send gravity trails start from either the Trail Hub or the Croft Road drop-off area and end on The Guts fire road and lower carpark. Be prepared to slog it out riding back up The Guts or The Ridge tracks or Dream Weaver if your car is at the Trail Hub. Alternatively, arrange a shuttle - private vehicle or one of our commercial operators - to pick you up and drop you back at the top for a sweet day of hero dirt.

The Skills Park

An awesome skills park with three lines catering for beginners to skilled, with drops, jumps, two wall rides, a rock garden, skinny and teeter totter.

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Allen's Orange Whip	554	Blue (more difficult)	South Australia's first adaptive mountain bike trail. Big sweeping berms and jumps downhill only. Come back up the fire road or connect to Blues Groove for the most popular trail pairing in the State. Adaptive Bike Info aMTB 2 Rating: Obstacles exist. You may or may not be able to ride this solo. Support rider recommended. Speed section to enable ascend portion.
Blues Groove	2000	Blue	Fun flow trail for everyone. Easy way for people to get into gravity. The jumps are made for beginners and intermediates so really fast riders will need to check their speed or scrub it out.
F.A.M.E.	2000	Black diamond	Fun, rutted gravity trail with a long fast ending onto a fire road. Connects to Fox Bowl.
Fox Bowl	633	Black diamond	Tight technical gravity trail.
Fox Fast	1000	Doubled Black diamond	As the name implies, fast, rocky and loose gravity trail with plenty of steep sections and gaps.
Fox Long	2000	Black diamond	Classic gravity trail with plenty of steep and fast sections.
Green Goblin Guts	3000	Green	This combination of the old Green Smoothie and Ducks Guts trails is one of the most popular beginner's gravity trails in the park. Be prepared to ride back up The Guts, Dream Weaver or shuttle back from the lower park.
Middle Earth	4000	Green	Go back in time on this groomed climb from the lower carpark, up a misty valley to the central ridge track. Strictly one way only.
Patterson's Curse	1000	Black diamond	A diverse gravity trail with gap jumps, drops, berms, ruts, off camber, roots and rock sections. Extremely difficult in wet weather. This track is for experienced riders only, although there are "B Line" options around most of the difficult obstacles.
The Ducks Guts	2000	Blue	A fast and flowy gravity trail with loads of line choices and good times. Watch for connecting riders off Green Goblin Guts at the end.