



FOX CREEK BIKE PARK

Accessibility

Designated accessible parking is available at the Trail Hub (top carpark) and Fox Creek Road carpark (lower carpark). Accessible facilities are situated at the Trail Hub, including shelter, toilets and drinking water. The mazeways at both carparks can be opened with a MLAK key.






All the trails at Fox Creek Bike Park have been given a trail difficulty rating to allow riders to make informed decisions about what trails to ride.

The table below summarises the rating system and what it means out on the trails. It is adapted from the Australian Mountain Bike Trail Guidelines Trail Difficulty Rating System (TDRS) and the Australian Adaptive Mountain Bike (aMTB) Trail Guidelines Adaptive Trail-Rating (ATR) System.

Jumps Park

Want to work on your riding skills? Welcome to the Jumps Park with the best view in Australia! Based at the Trail Hub, we have beginner, intermediate, or advanced lines catering for skills development and progression, with drops, jumps, and not one but two wall rides!

There's also an area to practice technical skills with a rock garden, skinny balance beam and teeter totter. Pack a lunch and enjoy the awesome vista from the Trail Hub or Jumps Park shelter and picnic table.

DIFFICULTY	TRAIL DESCRIPTION
	The ATR system aims to identify and rate as many of the trail features and associated amenities based on the degree of accessibility. The system provides basic and essential public information to assist in public and private trip-planning and trail selection for events. Most of the fire tracks are suitable for accessible riding.
	EASY Single trail with a gentle gradient smooth surface. May have some obstacles such as roots, logs or rocks. Suitable for beginners with basic mountain bike skills and off-road bikes. Always wear a helmet.
	INTERMEDIATE Single trail with moderate gradients, variable and loose rocky surfaces and obstacles. May include some steep sections. Suitable for competent riders with a good standard of fitness. Always wear a helmet and protective gear.
	DIFFICULT Challenging trails with large, unavoidable obstacles and features. Long, steep climbs or descents and loose surfaces. For experienced riders with a high level of fitness. Always wear a helmet and protective gear.
	EXTREME All sections extremely challenging. Large, unavoidable jumps, obstacles and severe features. For very experienced riders with a higher level of fitness. Always wear a helmet and protective gear.

Cross Country and All Mountain Trails

Our cross country and all mountain trails are primarily situated to the west and north of the Trail Hub and provide easy to difficult opportunities.

Easy trails meander through the shady hillsides and pine plantations of the Bike Park. With minimal obstacles and plenty of spots to stop for a breather or a photo, they are a great option for anyone wanting to get out in nature and enjoy the fresh air and amazing views. String together a series of easy trails for a few hours of riding.

Our intermediate trails offer longer climbing and descending opportunities with technical single track or more flowy lines with berms, rollers, and tight corners. Link up multiple easy and intermediate trails for a solid half day ride.

Be sure to include a visit to the western Trig Point where you will find a shelter and picnic table. Along with a spectacular view, one of our iconic Bike Park sculptures provides the perfect photo opportunity! If you're looking for an uplift challenge, there are three ascending trails. The most popular, Middle Earth, winds up a cool, misty valley of tall eucalypts, where you will pop out to enjoy spectacular views across the park from the centre ridge track.

Flow Trails

We love our flow trails here at Fox Creek! These gravity trails are designed with a focus on rhythm and smoothness, allowing riders to maintain a consistent speed with minimal pedalling. They often include features like banked turns, rolling terrain, various types of jumps and predictable surfaces that riders can 'flow' through without losing momentum.

Look for the iconic Bike Park sculpture at the Trail Hub and there's the Green Smoothie trail head. This smooth, flowy trail is one of the most popular beginner's flow trails in the State and is also suitable for more agile aMTB riders.

Adaptive Flow Trails

Fox Creek Bike Park is home to South Australia's first aMTB flow trail, Allen's Orange Whip, rated ATRS 2C, with its big sweeping berms and airtime jumps. Starting at the Croft Road drop-off, return up the fire road or connect onto Blue Groove flow trail, for the State's most popular trail pairing.

Right next to Allen's, rising from the bushfire scarred valley, you will find the trailhead for Phoenix and B-Rad, with a single entrance which splits into a green flow trail and a blue flow trail. All three trails exit onto The Guts Track from where riders can ascend The Guts or Ramseys fire tracks back to the aMTB trailheads or head down to the Fox Creek Road carpark for pick up.

Downhill Trails

Our downhill trails are the most challenging, built for riders seeking adrenaline-pumping speeds and technical descents. They reflect the long history of use at Fox Creek, most having been constructed over 20 years ago.

These Blue or Black trails have steep gradients, may include obstacles like rock gardens, drops, and tight switchbacks, requiring advanced skills and a bike with robust suspension to handle the rough terrain. Often used for racing, a full-face helmet and other body protection is strongly recommended on these trails.

From the Trail Hub, hit up Duck's Guts and Fox Fast for some fast and furious fun. For longer runs, start at the Croft Road drop off and try out Fox Long, Patterson's Curse, Fox Bowl and F.A.M.E.

Gravity Enduro

The mix of Flow and Downhill trails at Fox Creek are perfect for Gravity and Enduro riding and events, starting from either the Trail Hub or the Croft Road drop-off point and ending on The Guts fire track.

Continue riding down The Guts to the Fox Creek Road carpark for a shuttle pickup via private vehicle or book in with one of our commercial operators - and get dropped back at the top for a sweet half or full day of hero dirt. If you want the full gravity enduro experience, slog it out back up any of the fire tracks and find another trail.

Gravel ride or e-bike trails

Got a gravel or e-bike bike? You can explore all the fire tracks and single use trails across the bike park. Try Rabble Gravel for a gravel-specific challenge, giving yourself plenty of time for this long two-way gravel loop around the park taking in great views, scenery, and hidden creeks. 700m of ascending in 15km is hard, but it's the steep climbing on very slow grassy and clay surface that makes it brutal.

Touring

Looking for a long-distance challenge? Hop onto the dual direction linear Mawson Trail or plan a stop-over on your trip to rest, refuel and enjoy the view from the Trail Hub. The Trail runs the full length of the bike park's southern internal boundary, providing a uniform surface of graded fire tracks with multiple descents and ascents.